

In Autumn 2012, Central Ohio Technical College will convert from the Quarter system (4 quarters per academic year) to the Semester system (2 Semesters 1 Summer Session per academic year). Students entering COTC in Summer 2011, Autumn 2011, Winter 2012, Spring 2012, or Summer 2012 will begin their program in Quarters. *COTC anticipates publishing Semester Plan of Study courses in July 2011.*

COTC makes the following three guarantees to all students who will transition from the quarter system into the semester system: 1) No loss of academic progress; 2) No delay in time to degree completion/graduation; and 3) No increase in total tuition and fees expended for the degree system to the program. If you will be transitioning from the quarter to the semester system, please visit the COTC "Think Semesters" web page

[\(<http://www.cotc.edu/ThinkSemesters/Pages/default.aspx>\)](http://www.cotc.edu/ThinkSemesters/Pages/default.aspx)

regularly for updates and for important additional information, including information concerning stipulations that pertain to the three guarantees noted above. Further, please meet with your Academic Advisor to map out your individual path to degree completion.

<b>KEY:</b>	*	Indicates this course has a prerequisite; please see the Course Description Section on the COTC Web Page.
	NT	Indicates this course fulfills a Non-Technical Course Requirement in this Plan of Study
	T	Indicates this course fulfills a Technical Course Requirement in this Plan of Study
	NT Elec	Indicates Elective Choice in the Non-Technical course requirement category
	T Elec	Indicates Elective Choice in the Technical course requirement category

***The College Reserves the Right to Change Curricula Without Notice***

Basic health care workers are needed in many areas within the health care continuum of wellness, acute care, and restorative care. COTC prepares the student with the communication, basic personal care and safety skills required to become a STNA. The course also provides a home health module, assisting the student to gain theory in home health care. To become eligible to take the state testing examination, the student must successfully complete the following course at COTC:

**NUR-4015 Basic Health Care Skills**

5 credit hours, 8 contact hours (3 hours lecture, 3 hours lab and 2 hours clinical). Prerequisite: Must be 16 years of age or older to enroll in this course. Course is graded A-E.

This course prepares a basic health care worker with skills required by the Training and Competency Evaluation program (TCEP) prior to gaining eligibility to become a State Tested Nurse Aide (STNA) and/or to employment as a home health aide. Content includes communication, infection control, safety and emergency procedures, promoting residents'/clients' independence, respecting residents'/clients' rights, basic nursing skills, personal care skills, providing care in a home setting, mental health and social service needs and basic restorative services. College lab permits development of various basic nursing skills. These skills are then implemented during a 20 hour clinical experience in a local health care

***Please see additional requirements for this Certificate on Page 2 of the Plan of Study***

**Requirements for this Certificate Include :**

**Ohio Department of Health Requirements**

- Attendance at the first 16 hours of the course is mandatory in order to continue in the course.
- A physical examination (within the last six months)
- A two-step Mantoux TB test prior to the first clinical
- Attendance in lecture, college lab and clinical equal to 75 hours

**Central Ohio Technical College Requirements**

- Professional uniform and shoes are required to attend off-campus clinical settings
- Identification badge issued by COTC to be worn during all clinical experiences
- Own transportation is required to attend off-campus clinical settings.
- Clinical times may vary from scheduled class time.
- State testing examination is available at completion of course; cost is determined by the testing company
- Applicants to the COTC Nursing programs must be certified with STNA

**Course Goals/Objectives of this Certificate**

- Identify Ohio Department of Health requirements for State Tested Nurse Aide (STNA) and requirements for home health aides.
- Discuss aspects of communication important to nurse aides.
- Identify important reasons for infection control procedures.
- Discuss safety and emergency precautions.
- Explain ways to promote the client's independence.
- Identify legal rights of the nursing home resident and home care client
- Complete basic nursing care skills at a satisfactory level.
- Discuss theory related to performing basic nursing care skills.
- Identify needs of an aging resident relating to mental health and social services
- Recognize basic restorative services available to nursing home residents and disabled clients in the home.
- Discuss important differences between care in a nursing facility and care in the client's home.

**Advancement**

- Course is designed as an entry-level prerequisite to COTC's two-year Associate Degree Nursing Technology or Practical Nursing One-Year Certificate program.
- Experience as an STNA can assist individuals to decide to pursue a career in the health care field
- Flexibility of hours provides individuals the opportunity to work and attend college.

**Attendance Policy**

- Clinical site orientation is mandatory.
- All lab returns must be completed prior to the 20 hours of clinical experience
- A total of 80 hours in attendance, including class, lab, and clinical, is required to receive a passing grade in this course and a completion certificate from the Ohio Department of Health. This certificate allows the student to take the state test for nurse aides.

**Employment Opportunities**

- Employment opportunities are available in long-term care facilities, hospitals, assisted living facilities, residential care facilities, and home health care settings.