Central Ohio Technical College
Plan of Study
2008-2009 Academic Year

Name:	
Social Security Number:	
Advisor:	

DATATEL DEPT CODE	**NURST**
COTC Major Number	**007040**
OBR Subjectcode	**511614**

Division of Nursing

State Tested Nurse Aide (STNA) Certificate

Basic health care workers are needed in many areas within the health care continuum of wellness, acute care, and restorative care. COTC prepares the student with the communication, basic personal care and safety skills required to become a STNA. The course also provides a home health module, assisting the student to gain theory in home health care. To become eligible to take the state testing examination, the student must successfully complete the following course at COTC:

NUR-4015 Basic Health Care Skills

5 credit hours, 8 contact hours (3 hours lecture, 3 hours lab and 2 hours clinical). Prerequisite: Must be 16 year of age or older to enroll in this course.

This course prepares a basic health care worker with skills required by the Training and Competency Evaluation program (TCEP) prior to gaining eligibility to become a State Tested Nurse Aide (STNA) and/or to employment as a home health aide. Content includes communication, infection control, safety and emergency procedures, promoting residents'/clients' independence, respecting residents'/ clients' rights, basic nursing skills, personal care skills, providing care in a home setting, mental health and social service needs and basic restorative services. College lab permits development of various basic nursing skills. These skills are then implemented during a 20 hour clinical experience in a local health care facility.

Requirements for this Certificate Include :

Ohio Department of Health Requirements

- Attendance at the first 16 hours of the course is mandatory in order tto continue in the course.
- A physical examination (within the last six months)
- A two-step Mantoux TB test prior to the first clinical
- Attendance in lecture, college lab and clinical equal to 75 hours

Central Ohio Technical College Requirements

- Professional uniform and shoes are required to attend off-campus clinical settings.
- Identification badge issued by COTC to be worn during all clinical experiences.
- Own transportation is required to attend off-campus clinical settings.
- Clinical times may vary from scheduled class time.
- State testing examiniation is available at completion of course; cost is $102.00 or students may choose to take a COTC Competency Test. Cost of the COTC Competency Test is $95.00.
- Applicants to the COTC Nursing programs must be certified with STNA by taking and passing the state exam or by successfully completing the COTC Competency Test for Basic Health Care Skills.

Course Goals/Objectives of this Certificate

- Identify Ohio Department of Health requirements for State Tested Nurse Aide (STNA) and requirements for home health aides.
- Discuss aspects of communication important to nurse aides.
- Identify important reasons for infection control procedures.
- Discuss safety and emergency precautions.
- Explain ways to promote the client's independence.
- Identify legal rights of the nursing home resident and home care client.
- Complete basic nursing care skills at a satisfactory level.
- Discuss theory related to performing basic nursing care skills.
- Identify needs of an aging resident relating to mental health and social services.
- Recognize basic restorative services available to nursing home residents and disabled clients in the home.
- Discuss imporatnt differences between care in a nursing facility and care in the client's home.

Attendance Policy

- Clinical site orientation is mandatory.
- All lab returns must be completed prior to the 20 hours of clinical experience.
- A total of 80 hours in attendance, including class, lab, and clinical, is **required** to receive a passing grade in this course and a completion certificate from the Ohio Department of Health. This certificate allows the student to take the state test for nurse aides.

Advancement

- Course is designed as an entry-level prerequisite to COTC's two-year Associate Degree Nursing Technology or Practical Nursing One-Year Certificate program.
- Experience as an STNA can assist individuals to decide to pursue a career in the health care field.
- Flexibility of hours provides individuals the opportunity to work and attend college.

Employment Opportunities

- Employment opportunities are available in long-term care facilities, hospitals, assisted living faciliites, residential care facilities, and home health care settings.

THE COLLEGE RESERVES THE RIGHT TO CHANGE CURRICULA WITHOUT NOTICE.