



Knox County Community Mental Health Providers

- **Crisis/Emergency Services**

If you are concerned for your safety or that of others, call 9-1-1 immediately.

All crisis/emergency services are free, confidential, and available 24/7.

- **National Crisis Hotline**
1 (800) 273-8255
<https://suicidepreventionlifeline.org>
 - **Crisis Text Line**
Text “HOME” to 741-741
<https://www.crisistextline.org>
 - **Nearest Hospital**
Knox Community Hospital
1330 Coshocton Avenue
Mt. Vernon, OH 43050
(740) 393-9000
<https://www.kch.org>
 - **Pathways of Central Ohio Crisis Hotline**
2-1-1 or (800) 544-1601
<http://www.navigateresources.net/chic/Search.aspx>
 - **The Trevor Project (LGBTQ+ Populations)**
Trevor Lifeline: 1 (866) 488-7386
Trevor Text: Text “START” to 678-678
<https://www.thetrevorproject.org>
 - **Trans LifeLine**
1 (877) 565-8860
<https://translifeline.org>
 - **Veterans Crisis Hotline**
1 (800) 273-8255, press “1”
<https://www.veteranscrisisline.net>
- **Mental Health Counseling/Therapy Providers**
 - Behavioral Healthcare Partners – Mt. Vernon Location
8402 Blackjack Road

Mt. Vernon, OH 43050

(740) 397-0442

www.bhcpartners.org

- Diagnostic Assessment, Alcohol & Drug Treatment, Mental Health Therapy, Case Management, Crisis Services, Psychiatric Medication & Pharmacy, and Career Services.
- Accepts Medicaid, Medicare, private insurance and self-pay.

○ Christopher C. Fiumera, PhD, FACFE

202 South Gay Street

Mt. Vernon, OH 43050

(740) 392-5399

<https://www.ohiopsychologist.net>

- Diagnostic Assessment, Individual Therapy, Couples/Martial Therapy, and Family Therapy.
- Accepts Aetna, Anthem, BC/BS, Blue Shield, Cigna, Humana, Magellan, Medical Mutual, Medicare, Optum, TRICARE, and United Healthcare insurances.

○ Counseling Services – through Knox County Community Health Center

11660 Upper Gilchrist Road

Mt. Vernon, OH 43050

(740) 399-8008

<https://www.knoxhealth.com/index.php/knox-county-health-center/mental-and-behavioral-health-services>

- Diagnostic Assessment, Substance Use Disorder Counseling, Individual Therapy, Family Therapy, Couples/Martial Therapy, Play Therapy for children, and Addiction Recovery Support Group.
- Accepts uninsured individuals, Medicaid, Medicare and other insurances. Offers sliding fee scale and self-pay for as little as \$10 for counseling services. Contact office for questions about insurances accepted.

○ Lindsay Miller, MS, LPCC-S, Professional Clinical Counselor

202 South Gay Street

Mt. Vernon, OH 43050

(740) 392-5399

<https://professionalclinicalcounselor.com>

- Diagnostic Assessment, Individual Therapy, Family Therapy, and Support Group offered for LGBTQ+ population.
- Accepts Aetna, Anthem, BC/BS, Cigna, Humana, Medical Mutual, Ohio Healthy, Optum, TRICARE, UMR, United Healthcare, and self-pay options.

○ Mansfield & Mt. Vernon Psychological Services – Mt. Vernon Location

102 E. Gambier Street

Mt. Vernon, OH 43050

(740) 392-4916

<https://www.counselorswhocare.com/>

- Diagnostic Assessment, Alcohol & Drug Treatment, Mental Health Therapy, Individual Therapy, Group Therapy, Couples/Marital Therapy, Smoking Cessation, and Psychological Testing/Assessments.
- Contact the office for accepted insurances.

○ The Main Place

117 West High Street
Mt. Vernon, OH 43050
(740) 392-9491

<http://www.themainplace.org>

- Diagnostic Assessment, Peer Support, Case Management, Housing Support, Employment Assistance, Group Activities and Classes, and Computer and Internet Training.
- Contact the office for accepted insurances.

• **Psychiatric Medication Services Providers**

Your family doctor/nurse practitioner is often a good place to start asking about psychiatric medications. If that is not an option for you, here are some specialist psychiatric prescribers:

○ Behavioral Healthcare Partners – Mt. Vernon Location

8402 Blackjack Road
Mt. Vernon, OH 43050
(740) 397-0442

www.bhcpartners.org

- Diagnostic Assessment, Alcohol & Drug Treatment, Mental Health Therapy, Case Management, Crisis Services, Psychiatric Medication & Pharmacy, and Career Services.
- Accepts Medicaid, Medicare, private insurance and self-pay.

○ Knox Community Hospital

Psychiatrist: Dr. Chandravadan P. Patel
809 Coshocton Road, Suite A
Mt. Vernon, OH 43050
(740) 397-1900

<https://www.kch.org/psychiatry>

- Psychiatric Medication Provider.

• **Substance Use and Alcohol Treatment Providers**

○ Alcoholics Anonymous – Area 53, District 4 in Ohio

St Paul's Episcopal Church
101 East High Street
Mt. Vernon, OH 43050

<https://area53aa.org/district04>

- AA Meetings are held on the 3rd Saturday of the month at 6:30 PM (quarterly).
- DCM (District Committee Member):

Crystal G. at (740) 504-2703

○ Behavioral Healthcare Partners – Mt. Vernon Location

8402 Blackjack Road

Mt. Vernon, OH 43050

(740) 397-0442

www.bhcpartners.org

- Diagnostic Assessment, Alcohol & Drug Treatment, Mental Health Therapy, Case Management, Crisis Services, Psychiatric Medication & Pharmacy, and Career Services.
- Accepts Medicaid, Medicare, private insurance and self-pay.

○ Counseling Services – through Knox County Community Health Center

11660 Upper Gilchrist Road

Mt. Vernon, OH 43050

(740) 399-8008

<https://www.knoxhealth.com/index.php/knox-county-health-center/mental-and-behavioral-health-services>

- Diagnostic Assessment, Substance Use Disorder Counseling, Individual Therapy, Family Therapy, Couples/Martial Therapy, Play Therapy for children, and Addiction Recovery Support Group.
- Accepts uninsured individuals, Medicaid, Medicare and other insurances. Offers sliding fee scale and self-pay as little as \$10 for counseling services. Contact office for questions about insurances accepted.

○ Mansfield & Mt. Vernon Psychological Services – Mt. Vernon Location

102 E. Gambier Street

Mt. Vernon, OH 43050

(740) 392-4916

<https://www.counselorswhocare.com/>

- Diagnostic Assessment, Alcohol & Substance Use Treatment, Mental Health Therapy, Individual Therapy, Group Therapy, Couples/Marital Therapy, Smoking Cessation, and Psychological Testing/Assessments.
- Contact the office for accepted insurances.

○ The Freedom Center

106 E. Gambier Street

Mt. Vernon, OH 43050

(740) 397-2660

<https://freedomctr.net>

- Diagnostic Assessment, Alcohol & Substance Use Treatment, Mental Health Therapy, Individual Therapy, Adult Intensive Outpatient Services, Adult Substance Use Outpatient Services, Women's Substance Use Services, Medication Assisted Treatment (MAT), Recovery Support & Wellness, and Prevention Services.

- Accepts Aetna, Anthem, Buckeye, Caresource, Cigna, Medical Mutual, Molina, Paramount, United Healthcare, United Healthcare MCO, and UMR insurances. Self-pay and sliding fee scale options are offered.
 - The Main Place
117 West High Street
Mt. Vernon, OH 43050
(740) 392-9491
<http://www.themainplace.org>
 - Diagnostic Assessment, Peer Support, Case Management, Housing Support, Employment Assistance, Group Activities and Classes, and Computer and Internet Training.
 - Contact the office for accepted insurances.
- **Domestic Violence Shelter and Resources**
 - New Directions Domestic Abuse Shelter and Rape Crisis Center
110 E. Gambier Street (Administrative Office)
Mt. Vernon, OH 43050
(740) 397-4357 (24/7 Hotline - can call or text)
 - Offers 24/7 Hotline, Safety Planning, Danger Assessment, Court Advocacy and Accompaniment, Crisis Shelter for Adults and Children, Peer-led Support Groups, Hospital Accompaniment, Prevention and Education resources, Civil Protection Orders Assistance, and Sexual Violence Advocacy.
 - National Domestic Violence Hotline
1 (800) 799-7233
<https://www.thehotline.org>
 - Resources to help Identify Abuse, Create an Interactive Safety Plan, and offers a 24/7 Hotline.
- **Veterans Services and Resources**
 - Knox County Veterans Service Office
105 E. Chestnut Street
Mt. Vernon, OH 43050
(740) 393-6742
<https://kevso.com>
 - Offers resources for veterans and dependents: Disability Compensation, Widow's Pension, Temporary Financial Assistance, Transportation Services, Gas Vouchers, Death Benefits, Dependency and Indemnity Compensation (DIC), Copies of Service Records and Medals, and Home Loan Guaranty.